

# Lunchtime Learning

for employees and managers



Employers can now choose from a range of 1-2 hour 'lunch and learn' forums and seminars, delivered internally to employees and managers by professional experts in the fields of career and parenthood, work life balance, flexibility, child care, ageing workforce, retirement transition, financial planning and more.

Each session is designed in a cost and time effective way to support your employees' and managers' learning requirements and tight budgets. Choose from 1-hour breakfast or lunch sessions. Employers can take advantage of complimentary value added services when booking a Forum or Seminar.

## Presenters network

**Kate Sykes** - Director, [www.careermums.com.au](http://www.careermums.com.au) and return to work & flexibility specialist

**Emma Walsh** - Director, Mums@Work, work and family specialist, HR / career consultant

**Karen Miles** - Keynote Speaker, return-to-work/motherhood specialist, best-selling author

**Alison Monroe** - Director, SageCo, ageing workforce specialist and Retirement Success Coach®

**Sheila Ghosh** - Director, WeeWunz and child care specialist

**Juliet Bourke** - Director, Aequus Partners and flexibility and diversity specialist

**Kate McCallum** - Director, Multiforte, Supporting parents to manage their money



## Lunchtime Learning Forums for employees and managers

### TOPICS

#### Employee forum topics

- The impact of parenthood on career and self identity
- Preparing for parental leave
- Planning to return to work
- Surviving and enjoying the first year back at work - managing my career as a working parent
- Planning and negotiating a flexible work arrangement
- Staying in touch on parental leave
- Balancing work and family
- Choosing the right child care and making it work
- Working from home
- Job sharing & Part time work - how to make it work
- Retirement success and redirection
- Investing for your children - understanding your options
- Money, budgeting and cash flow - essential tips you need to know

#### Manager forum topics

- How to create a family friendly workplace
- Making 'flexibility' work - planning and implementing sustainable flexible work arrangements
- Understanding the new 'right to request' flexibility standard - what it means for employers
- Online flexibility training for managers
- Implementing work-from-home practices
- Implementing job share and part time work arrangements
- Supporting parents transition back to work
- Balancing work and family
- Ageing workforce - creating a pathway to 2012

#### To find out more about any of these forums and seminars for your organisation, please contact:

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